



## **PRESS RELEASE**

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***Sew Simple Pinwheels***  
***Patchwork Techniques for the 21<sup>st</sup> Century***  
**By Karin Hellaby**

Create beautiful pinwheel blocks quickly and easily

Author, quilter and teacher Karin Hellaby loves playing with block techniques and finding the simplest way to stitch traditional designs. Looking at half square triangles she cut one in two, repositioned the pieces – and suddenly there was a pinwheel! Twisting, flipping and using different color schemes gave her all sorts of new designs, including some fascinating borders. Her “Sew Simple” techniques series has been built on finding quick and easy ways to create traditional quilt blocks quickly and easily. *Sew Simple Pinwheels* is the fifth book in the series and gives quilters the confidence and techniques they need to stitch simple pinwheels, no corners simple pinwheels and curved pinwheels, and learn to make spool centers and Suffolk Puffs (yo-yos) to add to their quilts.

Karin’s step-by-step instructions to quickly make pinwheels include her tried-and-true QH (Quilters Haven) tips. She has also devised a fabulous new technique for binding quilts in just 30 minutes! Shop owners and fabric-loving quilters will enjoy the fact that *Sew Simple Pinwheels* uses 5” and 10” square precuts, known as “Charm Squares” and “Layer Cakes” with very little waste. Karin’s technique for stitching the block produces both the pinwheel and small triangles that can be used in the border or in another project. Pattern and instructions for selected projects are included. Others are available online from the author.

Karin Hellaby is the owner of a quilt shop, Quilters Haven, in Suffolk UK housed in a building that dates, in part, to the 1470s. She is a graduate Textiles teacher who enjoys traveling and giving classes all over the world. As well as writing books, Karin has contributed articles to all the UK quilting magazines. Karin is an adviser for Arena Travel, a specialist holiday company that has arranged holidays for quilters in Europe and America. In 1998 Karin was the winner of the Michael Kile Scholarship, and International Retailer of the Year. Hometown: Wickham Market – Suffolk, UK

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